



# Summer Youth Mobile Clinic

YMC offers **FREE** confidential services to youth and their families

**Looking for Support?  
Here's How Our Team Can Help**

## HEALTH SERVICES

Our RPN offers medical support and education to help you understand factors that may be affecting your health:

- Minor Wound Care
- Connecting you to ongoing Primary Care
- Physical assessment of any current concerns (physical and/or somatic)
- Vaccine Support & Navigation
- In-Person and Virtual services available

## MENTAL HEALTH SERVICES

Our social workers provide single session counselling for a range of mental health related concerns:

- If you're feeling sad, isolated, worried or angry
- Having fights with your family members
- Being bullied
- Dealing with a personal issue
- Phone, Virtual and In-Person services available

## August 4<sup>th</sup> - 8<sup>th</sup> Locations:

### Monday 8am - 4pm

UHC – Hub of Opportunities  
612 Notre Dame St, Belle River

### Wednesday/Friday 8am – 11am

Catholic Central High School  
2465 McDougall St, Windsor

### Wednesday/Friday 12pm-4pm

*Social Work Only*  
St Teresa of Calcutta  
1860 Chandler Rd, Windsor

### Wednesday/Friday 12pm-4pm

*Nursing Only*  
Youth Wellness Hub  
215 Eugenie St W, Windsor

### Tuesday and Thursday 8:30am – 4pm

The Bridge  
310 Sherk St, Leamington

**Last appointments start at 3:00pm  
at all locations.**

If you have any questions or would like to speak with a member of our team, please call:  
**519-981-9YMC (962)** • Phones are answered M-F 8am to 4pm

**Services available to youth up to the age of 18 years and their families.**